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could add to your
Pension



Have you reached pension age and need care for a disability or illness? You could qualify for **Attendance Allowance**

If you've reached state pension age and need care for an illness or disability, you may be entitled to financial help.

This money is called an Attendance Allowance. How much you get depends on how much help you need.

You can still get it if you're working, because your income isn't taken into account.

If you receive Attendance Allowance this might open the door to other things like Pension Credit, Housing Benefit and a Council tax reduction.

You can apply online at:
www.gov.uk/government/publications/attendance-allowance-claim-form
or apply by post.

The AA Helpline telephone number is: **0800 731 0122**.

Textphone: **0800 731 0317**.

Perhaps a family member or friend could help you fill in the form? Or you can get free help from Citizens Advice at Canterbury: **01227 452762** | Whitstable/Herne Bay: **01227 740647**

Others who can help with form filling are:

- **Canterbury Baptist Church Hub**, Thursdays 11am - 1pm
- **Age U.K.** in Canterbury, Whitstable or Herne Bay
- **Maya's**, 20 High Street, Herne Bay
- **All Saints Church**, Military Road, Canterbury, Fridays 10am - 11.30am

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Reading this
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Income



Are you caring for someone for 35 hours a week or more? You could be entitled to a **Carer's Allowance**

Around £4.5 million of Carer's Allowance goes unclaimed in the Canterbury district each year - even though people are entitled to it.

This money could be yours - and it only takes a few minutes to find out.

If you're 16 or over, take home less than £151 a week and provide substantial care for someone for 35 hours or more, you could qualify.

Life's tough if you're giving up your time to look after a relative's personal care and

household tasks. However, your claim could affect the benefits of the person you are caring for, so it's important to check with DWP before applying.

You can apply online at:

www.gov.uk/carers-allowance/how-to-claim or apply by post.

The Carer's Allowance Unit telephone number for a form is: **0800 731 0297**.

Perhaps a family member or friend could help you fill in the form? Or you can get free help from Citizens Advice at Canterbury: **01227 452762** | Whitstable/Herne Bay: **01227 740647**

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